



CITY OF CHESTER SFSP



MENU #1	SNACK					
<p><u>BREAKFAST</u> 0.9 OZ ENRICHED BAGEL 0.5 OZ GRAPE JELLY 4 OZ 100% ORANGE JUICE ½ PINT 1% WHITE MILK SPORT KIT</p> <p><u>LUNCH</u> 2 SLICES ENRICHED WHITE BREAD 2 OZ HAM 1 OZ AMER. CHEESE SLICE 2 OZ TOMATO & LETTUCE 1 WHOLE APPLE MAYO & SPORK KIT 1/2PINT 1% CHOC MILK</p>	<p>CHEZ IT GRAPES MILK</p>					
MENU #2						
<p><u>BREAKFAST</u> 2.2 OZ FROSTED CINNAMON ROLL 1 WHOLE APPLE ½ PINT 1% CHOCOLATE MILK SPORK KIT</p> <p><u>LUNCH</u> PRE PACKAGED PEANUT JELLY SANDWICH 8oz. 1 OZ CHEESE STICK 4 OZ WATERMELON, SLICED 4 OZ 100% GRAPE JUICE SPORK KIT ½ PINT 1% WHITE MILK</p>	<p>ORIGINAL SUN CHIPS 100% FRUIT PUNCH JUICE</p>					
MENU #3						
<p><u>BREAKFAST</u> 1.5 OZ CINNAMON TOAST CRUNCH CEREAL 4 OZ WATERMELON, SLICED ½ PINT 1% WHITE MILK SPORK KIT</p> <p><u>LUNCH</u> 6 IN 0.9 ENRICHED WHITE HOAGIE 1 OZ BOLOGNA, 1 OZ HAM 1 OZ SLICED AMER CHEESE 4 OZ 100% FRUIT JUICE BLEND 1 WHOLE ORANGE MAYO, SPORK KIT ½ PINT 1% CHOC MILK</p>	<p>L. DOONE COOKIES MIXED FRUIT CUP</p>					

MENU #4						
<u>BREAKFAST</u> 1.8 OZ BLUEBERRY MUFFIN 4 OZ 100% FRUIT JUICE BLEND ½ PINT 1% CHOC MILK SPORK KIT <u>LUNCH</u> 1.5 PITE BREAD 2OZ TURKEY 2OZ TOMATO & LETTUCE 1 OZ SLICED AMER CHEESE 4OZ CELERY STICK RANCH , SPORK KIT ½ PINT 1% WHITE MILK	SALSA SUN CHIPS FRUIT JUICE					
MENU #5						
<u>BREAKFAST</u> 2.2 OZ FROSTED TOASTER PASTRY 1 WHOLE BANANA ½ PINT 1% WHITE MILK SPORK KIT <u>LUNCH</u> 1 ENRICHED WHITE HAMBURG ROLL 1 OZ SALAMI, 1 OZ BOLOGNA, 1 OZ HAM 4 OZ 100% APPLE JUICE 1 WHOLE ORANGE MAYO, SPORK KIT ½ PINT 1% CHOC MILK	OATMEAL COOKIE FRUIT CUP					
MENU #6						
<u>BREAKFAST</u> 0.9 OZ ENRICHED BISCUIT 0.5 GRAPE JELLY 1 WHOLE APPLE ½ PINT 1% CHOC MILK SPORK KIT <u>LUNCH</u> 2 SLICES ENRICHED WHITE BREAD 2 OZ BOLOGNA 1 OZ SLICED AMER CHEESE 1.3 TO 1.5 OZ PKG RAISINS 1 WHOLE BANANA MAYO, SPORK KIT ½ PINT 1% WHITE MILK	CHEESE STICK GRAPES					

MENU #7						
BREAKFAST 1.5 OZ TRIX CEREAL 1 WHOLE ORANGE ½ PINT 1% WHITE MILK SPORK KIT LUNCH 1.5 PITE BREAD 2OZ TURKEY 2OZ TOMATO & LETTUCE 1 OZ SLICED AMER CHEESE 4OZ 100%APPLE JUICE 1 WHOLE PEACH MAYO, SPORK KIT ½ PINT 1% CHOC MILK	SCOOVY DOO GRAHAMS FRUIT CUP					
MENU #8						
BREAKFAST 2.2 OZ FROSTED DOUGHNUT 1 WHOLE PEACH ½ PINT 1% CHOC MILK SPORK KIT LUNCH PRE PACKAGED PEANUT JELLY SANDWICH 1 OZ CHEESE STICK 4 OZ WATERMELON, SLICED 1 WHOLE ORANGE SPORK KIT ½ PINT 1% WHITE MILK	GOLDFISH BERRY JUICE					
MENU #9						
BREAKFAST 1.5 OZ HONEY NUT CERRIOS CEREAL 4 OZ WATERMELON, SLICED ½ PINT, 1% WHITE MILK SPORT KIT LUNCH 6 IN 0.9 ENRICHED WHITE HOAGIE 1 OZ SALAMI, 1 OZ BOLOGNA, 1 OZ HAM 4 OZ 100% APPLE JUICE 2 OZ FRESH GRAPES MAYO, SPORK KIT ½ PINT 1%CHOC MILK	CHEETOS PUFF FRUIT JUICE					

MENU #10						
BREAKFAST 1.8 OZ BLUEBERRY MUFFIN 4 OZ 100% GRAPE JUICE ½ PINT 1% CHOCOLATE MILK SPORK KIT	GRAHAM CRACKERS APPLESAUCE					
LUNCH 2 SLICES ENRICHED WHITE BREAD 2 OZ BOLOGNA 1 OZ AMER CHEESE 4 OZ 100% ORANGE JUICE 1 WHOLE APPLE MAYO, SPORK KIT ½ PINT 1% WHITE MILK						